



SPOTSWOOD COLLEGE

TE KURA TUARUA O NGAMOTU

SENIOR WOTM PROGRAMME



WIDENING OF THE MIND

WOTM

Widening of the Mind introduces students to a range of topics and subjects which enable students to widen their social and cultural awareness, supporting them to take an active interest in the future by exploring issues, cultures, viewpoints and leadership.

You will need to pick your courses carefully for the whole year.

Courses may be:

Modular (8 weeks), Semester (17 weeks) or Full Year

You will need to check the duration of the courses and select a combination that fills the whole year (four modules)

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|-------------------|-----------------|-------------------|-----------------|
| Module 1 | Module 2 | Module 3 | Module 4 |
| Semester 1 | | Semester 2 | |
| Full Year | | | |

| Module 1 | | |
|-----------------|----------------------------------|-------------------------------|
| KAMAR code | Title | Course is available as: |
| ACCECO | Accounting and Economics | Module, Semester or Full Year |
| BOXFIT | Box Fit | Module, Semester or Full Year |
| CARVUP | Carve it Up | Semester (Semester 1 only) |
| CELEBRATE | Celebrations Around the World | Full Year |
| CHMBRO | Chemical Brothers | Module, Semester or Full Year |
| COACH | Coaching | Full Year |
| COBOTS | Coding and Robotics | Module, Semester or Full Year |
| EXPLRE | Explore the World | Module, Semester or Full Year |
| FCTFIC | Fact or Fiction Conspiracy? | Module, Semester or Full Year |
| HATRIX | Hatrix Big Band | Module, Semester or Full Year |
| KPAHKA | Kapa Haka Performance | Module, Semester or Full Year |
| LVREAD | Love books, love reading | Module, Semester or Full Year |
| MEDITATE | Meditation and Mindfulness | Module, Semester or Full Year |
| MKI2TKI | Mickey is out Tu Meke is in! | Semester or Full Year |
| MLTISPT | Multisport | Module, Semester or Full Year |
| MOTIV8 | Motivation | Modular (Module 1 only) |
| NFL | Deep Dive into American Football | Module, Semester or Full Year |
| NZSIGN | New Zealand Sign Language | Module, Semester or Full Year |
| PAPER | Paper Craft | Module, Semester or Full Year |
| PSSPRT | Passport | Module, Semester or Full Year |
| ROGAIN | Rogaining | Module, Semester or Full Year |
| SING | Sing Your Heart Out | Module, Semester or Full Year |
| TENNIS | Nadal or Federer? | Modular (Module 1 only) |
| TYPO | Touch Typing | Module, Semester or Full Year |
| WRITERS | Writers Club | Module, Semester or Full Year |

| Module 2 | | |
|------------|----------------------------------|-------------------------------|
| KAMAR code | Title | Course is available as: |
| ACCECO | Accounting and Economics | Module, Semester or Full Year |
| BOXFIT | Box Fit | Module, Semester or Full Year |
| CHMBRO | Chemical Brothers | Module, Semester or Full Year |
| COBOTS | Coding and Robotics | Module, Semester or Full Year |
| EXPLRE | Explore the World | Module, Semester or Full Year |
| FCTFIC | Fact or Fiction Conspiracy? | Module, Semester or Full Year |
| HATRIX | Hatrix Big Band | Module, Semester or Full Year |
| INJUST | Injustice and Human Rights | Modular (Module 2 only) |
| KPAHKA | Kapa Haka Performance | Module, Semester or Full Year |
| LVREAD | Love books, love reading | Module, Semester or Full Year |
| MEDITATE | Meditation and Mindfulness | Module, Semester or Full Year |
| MLTISPT | Multisport | Module, Semester or Full Year |
| NFL | Deep Dive into American Football | Module, Semester or Full Year |
| NZSIGN | New Zealand Sign Language | Module, Semester or Full Year |
| PAPER | Paper Craft | Module, Semester or Full Year |
| PSSPRT | Passport | Module, Semester or Full Year |
| ROGAIN | Rogaining | Module, Semester or Full Year |
| SING | Sing Your Heart Out | Module, Semester or Full Year |
| TYPO | Touch Typing | Module, Semester or Full Year |
| WRITERS | Writers Club | Module, Semester or Full Year |

| Module 3 | | |
|------------|----------------------------------|-------------------------------|
| KAMAR code | Title | Course is available as: |
| ACCECO | Accounting and Economics | Module, Semester or Full Year |
| BOXFIT | Box Fit | Module, Semester or Full Year |
| CHMBRO | Chemical Brothers | Module, Semester or Full Year |
| COBOTS | Coding and Robotics | Module, Semester or Full Year |
| DIRTY | Dirty But Clean | Semester (Semester 2 only) |
| EXPLRE | Explore the World | Module, Semester or Full Year |
| FCTFIC | Fact or Fiction Conspiracy? | Module, Semester or Full Year |
| GETLST | Getting Lost | Modular (Module 3 only) |
| HATRIX | Hatrix Big Band | Module, Semester or Full Year |
| KPAHKA | Kapa Haka Performance | Module, Semester or Full Year |
| LVREAD | Love books, love reading | Module, Semester or Full Year |
| MEDITATE | Meditation and Mindfulness | Module, Semester or Full Year |
| MKI2TKI | Mickey is out Tu Meke is in! | Semester or Full Year |
| MLTISPT | Multisport | Module, Semester or Full Year |
| NFL | Deep Dive into American Football | Module, Semester or Full Year |
| NZSIGN | New Zealand Sign Language | Module, Semester or Full Year |
| PAPER | Paper Craft | Module, Semester or Full Year |
| PSSPRT | Passport | Module, Semester or Full Year |
| ROGAIN | Rogaining | Module, Semester or Full Year |
| SELLUR | Sell Yourself | Modular (Module 3 only) |
| SING | Sing Your Heart Out | Module, Semester or Full Year |
| TYPO | Touch Typing | Module, Semester or Full Year |
| WRITERS | Writers Club | Module, Semester or Full Year |

Module 4

| KAMAR code | Title | Course is available as: |
|------------|----------------------------------|-------------------------------|
| ACCECO | Accounting and Economics | Module, Semester or Full Year |
| BOXFIT | Box Fit | Module, Semester or Full Year |
| CHMBRO | Chemical Brothers | Module, Semester or Full Year |
| COBOTS | Coding and Robotics | Module, Semester or Full Year |
| EXPLRE | Explore the World | Module, Semester or Full Year |
| FCTFIC | Fact or Fiction Conspiracy? | Module, Semester or Full Year |
| HATRIX | Hatrix Big Band | Module, Semester or Full Year |
| KIND | Kindness | Modular (Module 3 only) |
| KPAHKA | Kapa Haka Performance | Module, Semester or Full Year |
| LVREAD | Love books, love reading | Module, Semester or Full Year |
| MEDITATE | Meditation and Mindfulness | Module, Semester or Full Year |
| MKI2TKI | Mickey is out Tu Meke is in! | Module, Semester or Full Year |
| MLTISPT | Multisport | Module, Semester or Full Year |
| NFL | Deep Dive into American Football | Module, Semester or Full Year |
| NZSIGN | New Zealand Sign Language | Module, Semester or Full Year |
| PAPER | Paper Craft | Module, Semester or Full Year |
| PSSPRT | Passport | Module, Semester or Full Year |
| RAOKS | Random Acts of Kindness | Modular (Module 3 only) |
| ROGAIN | Rogaining | Module, Semester or Full Year |
| SING | Sing Your Heart Out | Module, Semester or Full Year |
| TYPO | Touch Typing | Module, Semester or Full Year |
| WRITERS | Writers Club | Module, Semester or Full Year |

COURSE DESCRIPTIONS

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|---------------------------------|---|
| ACCECO | Accounting and Economics |
| Course is available | This course is for students who need a little help with internals so they don't get behind and have to play catch up (less work at home), aiming for endorsements and want to take things to the next level or even a chance to learn an extra external not being covered by the class, all levels across Accounting and Economics. |
| Module Semester Full Year | |

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| BOXFIT | Box Fit |
| Course is available | This programme will focus on boxing skills, fitness and health and wellbeing. You will be challenged to push your boundaries and learn new skills that you can use in the future, such as discipline, mental toughness and motivation. |
| Module Semester Full Year | |

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| CARVUP | Carve it Up |
| Course is available | This is an introduction to wood carving- whakairo. Learn basic skills of chisel and mallet work, properties of wood and safety aspects needed to work. You will investigate some history of carving from different cultures, and then focus on Polynesia and our Maori carvers. You will work on different briefs which interest you, and create outcomes accordingly. |
| Semester 1 only | |

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| CELB RTE | Celebration |
| Course is available | Lantern festival, Holi festival of colour, Dia De Los Mertos, La Tomatina, Matariki, Carnival and so many more. Learn about celebrations from around the world - costumes, food, art and the reason for the season. This is a full year course. |
| Full Year | |
| CHMBRO | Chemical Brothers |
| Course is available | Students will continue to develop their understanding of Level 2 and Level 3 Chemistry. We are going to focus on problem solving in order to unpack and answer excellence answers. Students will be encouraged to work on Scholarship questions. We will also be investigating study habits, memory activities and how to love examinations! |
| Module Semester Full Year | |
| COACH | Coaching |
| Course is available | In COACHING, students will get the opportunity to learn about the Athlete Centred Coaching paradigm. They will be challenged to think in the eyes of a coach, not an athlete. This will involve learning the art of communication, demonstrating responsibility and developing the tool of empowerment. The A.C.C approach will require them to be innovative and creative, challenging them to deliver coaching lessons outside of their sporting norm. Students wishing to do this will be required to do it all year as the aim is to get you accredited in your chosen sports realm |
| Full Year | |
| COBOTS | Coding and Robotics |
| Course is available | |
| Module Semester Full Year | |
| DIRTY | Dirty But Clean |
| Course is available | Introduction to soap making. Perfect as gifts or to sell at the markets! Learn basic skills around soap production and bath fizzers. You will be introduced to the different types of soap making and then use a hand milled melt and pour technique. If time permits lip balm, body butter and healing balm will be taught as well. |
| Semester 2 only | |
| EXPLRE | Explore the World |
| Course is available | People love to travel: it helps open your mind. You come to realize that there's no one way to live life. Learning about other places will show you that your world view isn't the same as everyone else's. ... By being exposed to new places, people and cultures, you'll develop a wider world view. Learn about different cultures, cuisines, religions, natural and cultural features and geography. As we navigate this course we will be doing projects and learning, hopefully, about exciting new things that stretch your imagination and knowledge base. |
| Module Semester Full Year | |

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| FCTFIC | Fact or Fiction Conspiracy? |
| Course is available | There is a lot of information on the internet - some fact, some fiction. By looking at some of the current Conspiracy theories students will look at how to make judgements about validity, accuracy and bias of the information available on the internet. Some examples include - 911, Moon landings, Mandela effect immunisation etc. |
| Module Semester Full Year | |
| GETLST | Getting Lost |
| Course is available | A unique game designed by you, allowing you to get lost in New Plymouth. We will explore new places, inspire adventure and explore each week an untraveled path. |
| Module 3 only | |
| HATRIX | Hatrix Big Band |
| Course is | The Hatrix Big Band is an integral part of Spotswood Colleges identity. Over the years, the band has performed and competed around New Zealand and Australia. Performing music in a Big Band with over 18 members is an exciting and rewarding experience. The Hatrix Big Band practices to perform at school and community events. Students will work together to create dynamic performances of music from different genres such as Jazz, Funk, Swing, Soul and more. |
| Module Semester Full Year | |
| INJUST | Injustice and Human Rights |
| Course is available | In this 8-week module students will learn about some famous cases of people who have been wrongfully convicted of crimes they did not commit. There will be a focus on historical racism within the justice system, particularly in the USA. We will look at the reasons why some groups in society are more vulnerable to be convicted of crime. |
| Module 2 only | |

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| KIND | Kind |
| Course is available | In this 8 week module students will focus on leading a project for charity and / or random acts of kindness for our whanau, school or wider community, especially as the festive season approaches. |
| Module 4 only | |
| KPAHKA | Kapa Haka Performance |
| Course is available | We want our students to develop their confidence and mana when they are representing the school in kapa Haka performances. We plan to to perform in school events, assemblies, and local kaupapa, such as Puanga. Students will commit to being part of kapa haka for all of 2020. This is a full year course, and we want to encourage students to be part of the journey. Communication, collaboration, well being, hauora and whanaungatanga will be the foundation of kapa haka. He aha te mea nui? Te tangata, Te tangata, Te tangata |
| Module Semester Full Year | |
| LVREAD | Love Books Love Reading |
| Course is available | Spend a great one hour a week reading your favourite novels and short stories. Enjoy a relaxed hour of reading while imbibing literature, vocabulary, spelling, wisdom. Widen your mind in the best way ever! We can then collaborate to create 'where to from here?'. Possibilities are discussion of our novels, sharing ideas, researching the author, creating static images etc. |
| Module Semester Full Year | |
| MEDTAT | Meditation and Mindfulness |
| Course is available | With mindfulness meditation, you train in remaining aware of the present moment in a non-judgmental manner. It has been proven that the practice of meditation, carried out on a regular basis, will mitigate the symptoms of stress and anxiety. Come prepared to sit still, relax and tune out. Meditation takes practice and commitment. For full effectiveness there needs to be a peaceful and calm environment; quietening of the mind is a vital component. |
| Module Semester Full Year | |
| MKI2TKI | Mickey is out Tu Meke is in! |
| Course is available | Mickey is out Tu Meke is in! You will be widening your skills and depth of knowledge in Te Ao Maori. You will learn the practical and symbolic skills of raranga / weaving, whakairo / carving, kowhaiwhai / design and rongoa / medicine. By exploring contemporary artists, you will experiment and apply these mediums as inspiration for your own practice. Tiki will connect to our tupuna and whenua, to guard these fiercely! This can be taken a semester or full year option |
| Semester 1 or 2 Full Year | |

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| MLTISPT | Multisport |
| Course is available | This module has been developed for individuals to push the boundaries of their physical ability through Multisport. Learning in and through Multisport has many benefits and of course presents many challenges. If you are a beginner with little experience or someone that has participated in events, then this is an opportunity for you. Getting expertise, guidance and development in each of the 3 disciplines of swimming, cycling, and running to build confidence and ability. Also looking into goal setting and nutrition and planning for an event will be part of the programme and most importantly having fun!! |
| Module Semester Full Year | |
| MOTIV8 | Motivation |
| Course is available | In this 8-week module students will learn some skills around how to think positively, ways to motivate yourself, and how to look at or accept challenges in life more positively. There will be a strong focus on exercise as a tool for keeping the mind strong, with opportunities to either go for a walk or take a dip in the school pool. |
| Module 1 only | |
| NFL | Deep Dive into American Football |
| Course is available | This module is for anyone who has ever said "American Football looks interesting but I don't understand it". The course will provide a fun look at the NFL and the best sport in the world. |
| Module Semester Full Year | |
| NZSIGN | New Zealand Sign Language |
| Course is available | An Introduction to New Zealand Sign Language (our third official language). Learning New Zealand Sign Language will give you (a hearing person), insight into the New Zealand Deaf community. |
| Module Semester Full Year | |
| PAPER | Paper Craft |
| Course is available | Welcome to the world of Paper Craft. Make a variety of different projects for yourself or to give as gifts to others. Paper Craft uses measuring and creativity skills and helps with accuracy and concentration. |
| Module Semester Full Year | |
| PSSPRT | Passport to the World |
| Course is available | The ins and outs of travelling. We live in New Zealand: what do we need to do to travel to other destinations in the world? This module will look at budgeting for a trip, applying for passports, visas, travel cards, injections, insurances, building an itinerary at your destination, airport and transfers, local sim cards. How to travel on a cheap budget. Using apps like TripAdvisor, Google maps, YouTube walkthroughs, Google Translate, Duolingo, AirNZ, XE Currency Converter, Couch Surfing, Uber, Social Media posting on WhatsApp, Facebook, Instagram, WeChat. How to barter a bargain. Understanding Train and Bus schedules. |
| Module Semester Full Year | |


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| RAOKS | Random Acts of Kindness |
| Course is available | A random act of kindness is a selfless act performed by kind people to either help or cheer up a random stranger, for no reason other than to make people happier. Either spontaneous or planned in advance. So come along if you want to meet you people and give to others. |
| Module Semester Full Year | |

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| ROGAIN | Rogain |
| Course is available | Are you a keen adventurer? Do you have a good sense of direction? Enjoy a physical challenge? Want to develop your collaboration and communication skills? Want to improve your fitness? If you have yes answers, Rogaine is the programme for you! Each week you will have the opportunity to master a new Rogaine course, either in the school grounds or exploring the Spotswood area outside of school. Rogaining is a walking, running or biking challenge in which participants search for checkpoints on a set course. Participants choose the checkpoints based on how to gain the most number of points in the allotted time. In wet weather we will also cover basic bike maintenance skills, mapping/navigation and first aid, as well as finding out more about the wide world of adventure racing. |
| Module Semester Full Year | |

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| SELLUR | Sell Yourself |
| Course is available | In this 8-week module students will learn about how to "Market" yourself to a range of roles - whether it's for an after school job or an application to become a prefect at school, and everything in between! A focus on writing CV's, cover letters, and using formal language. This course would appeal to senior students in particular. |
| Module 3 Only | |

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| SING | Sing Your Heart Out |
| Course is available | <p>This is a 'for fun and fitness' (yes fitness) group. We will learn songs that YOU want to sing. We will aim to build confidence in singing and learn to harmonise and sing against others. In 2019 the group performed at Spotty Idol. Our long term goal is to enter the 'Big Sing' in a few years time.</p> <p>Singing in a group has been proven to.....</p> <ul style="list-style-type: none"> • Strengthen feeling of togetherness. ... • Regulate heart rate. ... • Reduce stress levels and depression. ... • Improve symptoms of Parkinson's and lung disease. ... • Improve feeling of social well-being. ... • Increase life expectancy? |
| Module Semester Full Year | |

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| TENNIS | Nedal or Federer |
| Course is available | The goal is to improve your game, increase your fitness and have a great time on the tennis court. You don't need to have played tennis before to join. This is a great opportunity to make some friends and enjoy the atmosphere of the tennis court. Beginner or player returning to tennis after years of absence. This class will show you the basic strokes of tennis and introduce you to rally play. racquet and balls. |
| Module 1 only | |



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| TYPO | Touch Typing |
| Course is available | |
| Module Semester Full Year | Learn how to touch type. Drills to have you typing at 60+ words a minute. Touch typing is the ability to use muscle memory to find keys fast, without using the sense of sight, and with all the available fingers. |

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| WRITERS | Writers Club |
| Course is available | |
| Module Semester Full Year | Allowing students to explore their interest in writing. Avail themselves of opportunities to write in the “real world.” |